

## Curriculum Vitae

Jana Berkessel – September 10<sup>th</sup> 2021

### University Address

University of Mannheim  
Mannheim Center for European Social Research  
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### Current Scientific Position

since Feb 2019                      PhD scholar of the German National Academic Foundation at the Heisenberg-Professorship for Cross-Cultural Social and Personality Psychology (Prof. Dr. Jochen Gebauer) at the Mannheim Center for European Social Research at the University of Mannheim.

### Education

Oct 2015 - Aug 2017                      University of Cologne  
M.Sc. Psychology, research focused

Oct 2012 - Sep 2015                      University of Cologne  
B.Sc. Psychology

Aug 2003 - July 2011                      Ville Gymnasium of the City of Erfstadt (High School)  
Abitur, Term abroad at Robina State High School, Australia (2008)

### Academic Background

Feb 2020 – June 2020                      Columbia University – Fulbright Scholar  
Social Psychology group, Prof. Oishi

Oct 2017 – Feb 2019                      University of Mannheim – Scientific & Teaching Assistant  
Teaching and Research Assistant at the Professorship for Psychological Methods and Diagnostics (Prof. Meiser) and at the Graduate School „Statistical Modeling in Psychology“

July 2017 - Sep 2017                      University of Cambridge – Visiting researcher  
Policy Research Group, Dr. Ruggeri

July 2016 – Aug 2017                      Junior Researcher Programme  
Research program of the University of Cambridge  
Summer School, 13-months long research project & Conference

Oct 2013 - Sep 2017                      University of Cologne – Teaching Assistant  
Psychological Methods & Experimental Psychology, Prof. Stahl

Mar 2017 - Apr 2017                      Princeton University – Visiting Student Research Collaborator  
Social Perception Lab, Prof. Todorov

Oct 2012 - Mar 2017                      University of Cologne – Student Assistant  
Social and Economic Cognition I, Prof. Hofmann (2015-17)  
Applied Social Psychology, Prof. Englisch (2014-17)  
Administrative Student Assistant (2012-13)

Aug 2014 - Dec 2014                      University of Mississippi – Semester abroad

## Teaching

Spring Semester 2021	Selected Topics in Personality Psychology, B.Sc. Psychology “Antecedents of psychological well-being” (online) University of Mannheim
	Introduction to Statistics Workshop (online), PhD Psychology Graduate School, Central Institute for Mental Health
	Statistics Lecture (online), B.Sc. Economics Baden Wurttemberg Cooperative State University, Mosbach
Fall Semester 2020	Statistics Lecture (online), B.Sc. Economics Baden Wurttemberg Cooperative State University, Mosbach
Fall Semester 2019	Statistics Lecture, B.Sc. Economics Baden Wurttemberg Cooperative State University, Mosbach
Spring Semester 2019	Practical Course in Diagnostics, B.Sc. Psychology University of Mannheim
	Statistics Lecture, B.Sc. Economics Baden Wurttemberg Cooperative State University, Mosbach
Fall Semester 2018	Computer based data analysis, B.Sc. Psychology University of Mannheim
Spring Semester 2017	Research methods & SPSS for theses, B.Sc. and M.Sc. Psychology University of Cologne
Fall Semester 2016	Data collection and analysis in R, M.Sc. Psychology Research methods & SPSS for theses, B.Sc. and M.Sc. Psychology University of Cologne
Spring Semester 2014	Statistics II, B.Sc. Psychology University of Cologne
Fall Semester 2013	Statistics I, B.Sc. Psychology University of Cologne

## Scholarships & Distinctions

Sep 2020	Best Presentation Award, Flashlight Talks Awarded by the German Psychological Association
Feb 2020 – June 2020	Fulbright Scholarship for a research stay at Columbia University (Prof. Oishi)
Feb 2020	SPSP Graduate Poster Competition – runner up Awarded by the Society for Personality and Social Psychology
Feb 2020	Best Poster Award Awarded by the International Society for Self and Identity
Feb 2020 – May 2020	Fulbright Scholarship for a research stay at Columbia University
Feb 2020	SPSP Graduate Travel Award
Aug 2019	Registration award to attend Summer Psychology Forum: Big Data

Aug 2019	Travel award for research on social inequality awarded by the University of Mannheim to attend the Summer Psychology Forum: Big Data
Feb 2019 – Jan 2021	Ph.D. scholarship, Foundation of German Business – <i>ultimately declined</i>
June 2018	International Student Grant awarded by the Jacobs Foundation to attend the Swiss Graduate School for Cognition, Learning, & Memory summer school
June 2017	Student Grant of the Center for Social and Economic Behavior To finance research for my Master's thesis „The Source Memory for Remorseful Faces“– <i>ultimately declined</i>
May 2017	Erasmus+ Scholarship Research stay in Cambridge July - Sep 2017
Since Jan 2017	Mentee of the Gender Mentoring Agency Mentoring, funding for conferences, and special trainings.
Feb 2014 - Sep 2017	Scholarship of the „Evangelisches Studienwerk Villigst“ (Protestant Academic Foundation)
Aug 2014 - Dez 2014	Gerhard Michel Scholarship To study abroad at a Northern American University

### **Voluntary Service (since 2019)**

Since May 2021	Association for Psychological Science – Campus Representative
Since Oct 2020	In Mind Magazine – Social Media Team (Science Communication)
Since Nov 2019	Mannheim Open Science Meetup – Co-founder & Organizer
Since June 2019	Applicaid – Mentor
Since May 2019	Doctoral Student Representative in the Faculty Committee, University of Mannheim
Jan 2019 - July 2019	Correlaid – Team Member

### **Reviews**

European Journal of Personality  
 Experimental Psychology  
 Congress of the German Psychological Society (DGPs)  
 Journal of Happiness Studies

### **Language skills**

English (C1; TOEFL 112/120)  
 Spanish (B1; language courses)  
 French (B1; high school classes)  
 Dutch (A2; basic language courses)

### **Other skills**

Statistical Software (SPSS & R)  
 Experimental Software (e.g., OpenSesame, Qualtrics, Inquisit)  
 Special training in higher education pedagogy, Center for Educational Development Baden-Württemberg

## Publications and Presentations

### Peer-reviewed Papers

**Berkessel, J.**, Gebauer, J., Joshanloo, M., Bleidorn, W., Rentfrow, P., Potter, J., & Gosling, S. (in press). National religiosity eases the psychological burden of poverty. *Proceedings of the National Academy of Sciences*.

**Berkessel, J.\***, Ebert, T.\*, Gebauer, J., Johnsson, T., & Oishi, S. (2021). Pandemics initially spread among people of higher (not lower) social status: Evidence from COVID-19 and the Spanish Flu. *Social Psychological and Personality Science*.

Wang K. & co-authors in context of the Psychological Science Accelerator including **Berkessel, J.** (2021). A global test of brief reappraisal interventions on emotions during the COVID-19 pandemic. *Nature Human Behaviour*.

Zickfeld, J., van de Ven, N., Pich, O., Schubert, T., **Berkessel, J.**, ... (2021). Tears evoke the intention to offer social support: A systematic investigation of the interpersonal effects of emotional crying across 41 countries. *Journal of Experimental Social Psychology*.

Herziger, A., **Berkessel, J.**, & Steinnes, K. K. (2020). Wean off green: On the (in)effectiveness of biospheric appeals for consumption curtailment. *Journal of Environmental Psychology*.

Wingen, T., **Berkessel, J.**, & Englich, B. (2019). No Replication, no Trust? How Low Replicability Influences Trust in Psychology. *Social Psychological and Personality Science*. <https://doi.org/10.1177/1948550619877412>

Herziger, A., Benzerga, A., **Berkessel, J.**, Dinartika, N. L., Franklin, M., Steinnes, K. K., & Sundström, F. (2017). A study protocol for testing the effectiveness of user-generated content in reducing excessive consumption. *Frontiers in Psychology*, 8(June), 1–10. <https://doi.org/10.3389/fpsyg.2017.00972>

### Pre-prints and papers under review/revision

Wingen, T., **Berkessel, J.**, & Dohle, S. (2021). Caution, preprint! Brief explanations allow non-scientists to differentiate between preprints and peer-reviewed journal articles. Revision invited at *Advances in Methods and Practices in Psychological Science*. <https://osf.io/7n3mj>

Pink, S., Ebert, T., **Berkessel, J.**, & Jonsson, T. (in prep, 2021). The relationship between mothers' and their daughters' family size emerged in the United States during the 19th century. <https://osf.io/preprints/socarxiv/n3dyw/>

Nguyen, T.-V. & co-authors in context of the Psychological Science Accelerator including **Berkessel, J.** (in prep, 2021). A global experiment on motivating social distancing during the COVID-19 pandemic. Revision invited at *Proceedings of the National Academy of Sciences*. <https://psyarxiv.com/n3dyf/>

### Book Chapters

Ruggeri, K., Ojinaga-Alfageme, O., Benzerga, A., **Berkessel, J.**, Friedemann, M., Hlavová, R., Kunz, M., Plohl, N., Sundström, F., Folke, T., Head, B., & Howlett, M. (2021). Evidence-based policy. In K. Ruggeri (Ed.), *Psychology and Behavioral Economics*. London, UK: Routledge.

Ruggeri, K., **Berkessel, J.**, Bujold, P., Friedemann, M., Jarke, H., Steinnes, K. K., MacLennan, M., Quail, S., K., Tavera, F., Verra, S., Naru, F., Cavassini, F., Hardy, E. (2021). A brief history of behavioral and decision sciences. In K. Ruggeri (Ed.), *Psychology and Behavioral Economics*. London, UK: Routledge.

Karakasheva, R., Achterberg, J., **Berkessel, J.**, Cottone, A., Dhar, J., Jachimowicz, J.M., Lee, Y.S.M., Whillans, A., Ruggeri, K., & Bjorndal, L.D. (2021). Work and workplace decision-making. In K. Ruggeri (Ed.), *Psychology and Behavioral Economics*. London, UK: Routledge.

Ruggeri, K., **Berkessel, J.**, Achterberg, J., Luna Navarro, A., Jachimowicz, J., & Whillans, A. (2018). From recruitment to retirement: Behavioral insights for the workplace. In K. Ruggeri (Ed.), *Behavioral Insights for Public Policy: Concepts and Cases* (pp. 156-173). London, UK: Routledge.

Ruggeri, K., Kunz, M., **Berkessel, J.**, Kácha, O., Steinnes, K. K., Petrove, D., Cavassini, F., & Naru, F. (2018). The science of behavior and decision-making. In K. Ruggeri (Ed.), *Behavioral Insights for Public Policy: Concepts and Cases* (pp. 59-79). London: Routledge.

Ruggeri, K., Ojinaga-Alfageme, O., Benzerga, A., **Berkessel, J.**, Hlavová, R., Kunz, M., Plohl, N., Sundström, F., Folke, T., & Sampat, B. (2018). Evidence-based policy. In K. Ruggeri (Ed.), *Behavioral Insights for Public Policy: Concepts and Cases* (pp. 17-40). London: Routledge.

#### *Policy Reports*

Ebert, T., **Berkessel, J.**, & Entringer, T. (2021). Einsamkeit in Nordrhein-Westfalen: Zahlen, Ursachen und Folgen im bevölkerungsreichsten Land [Loneliness in Northrhine-Westfalia: Numbers, causes, and consequences in the most populous state] *Policy Report on behalf of the federal government of Northrhine-Westfalia*.

Andersen, T., Benzerga, A., **Berkessel, J.**, ..., & Ruggeri, K. (2017). Insights for Impact. *The Annual Report of the Policy Research Group at the Department of Psychology at the University of Cambridge*.

#### *Other non-peer-reviewed contributions*

Wingen, T. & **Berkessel, J.** (in press). Die Replikationskrise vermitteln, aber Vertrauen erhalten. Diskussionsforum „Replikationskrise, p-hacking und Open Science - Eine Umfrage zu fragwürdigen Forschungspraktiken in studentischen Projekten und Impulse für die Lehre“, *Psychologische Rundschau*. [Teaching the replication crisis, but maintaining trust. Discussion forum „Replication crisis, p-hacking, and open science – a survey on questionable research practices in student projects and suggestions for teaching”, *Psychologische Rundschau*]

Wingen, T., Berkessel, J. (2020). Trau keiner Studie, die du nicht selbst repliziert hast? Auswirkungen der Replikationskrise auf öffentliches Vertrauen in die Psychologie. [Don't trust a study you haven't replicated yourself? Effects of the replication crisis on public trust in psychology] *Invited guest contribution to Wissenschaftskommunikation.de, a journal for science communication*.

#### *In the media*

In-Mind Magazine (2020, May) Religiosität & Wohlbefinden | In-Mind fragt Jana Berkessel [Religiosity & well-being | In-Mind asks Jana Berkessel], Available at <https://www.youtube.com/watch?v=-cybc-vRH0A>

Junior Researcher Programme (2019, November). *How does the replication crisis affect public trust in psychology?* Junior Researcher Programme News, Available at: <https://jrp.pscho.org/how-does-the-replication-crisis-affect-public-trust-in-psychology/>

Matthew Warren (2019, October). *The replication crisis lowers public's trust in psychology. But can that trust be build back up.* BPS Research Digest. Available at: <https://digest.bps.org.uk/2019/10/31/the-replication-crisis-lowers-the-publics-trust-in-psychology-but-can-that-trust-be-built-back-up/>

#### *Invited Talks*

**Berkessel, J.** (2021, December). *Open Science & Society: A social contract and how to fulfill it.* Aarhus Reproducibility and Open Science Seminar.

**Berkessel, J.**, (2021, July). *Science communication.* Invited talk and participation in a panel discussion at the Junior Research Programme Open Conference.

**Berkessel, J.**, Gebauer, J., Joshanloo, M., Bleidorn, W., Rentfrow, P., Gosling, S., & Potter, J. (2021, March). *Blessed be ye poor? National religiosity lightens the burden of lower socioeconomic status in developing nations.* Invited talk at the social psychology research colloquium at the University of Virginia, USA.

**Berkessel, J.,** Ebert, T., Johnsson, T., & Oishi, S. (2020, October). *The psychologically rich life: A text analysis approach*. Invited talk at the social psychology research colloquium at the University of Virginia, USA.

**Berkessel, J.** (2020, October). *Open Science & Society*. Invited talk at the Open Science Day Mannheim.

**Berkessel, J.\*,** Salwender, M.\* et al. (2020, July). *Cross-cultural differences in gender differences in agency and communion*. Invited talk at the computational social science research colloquium at Columbia Business School, Columbia University, USA.

**Berkessel, J.\*,** Ebert, T.\*, Gebauer, J., Johnsson, T., & Oishi, S. (2020, April). *Pandemics Initially Spread Among People of High (not Low) Social Status: Evidence from COVID-19 and the Spanish Flu*. Invited talk at the computational social science research colloquium at Columbia Business School, Columbia University, USA.

**Berkessel, J.,** Ebert, T., Johnsson, T., & Oishi, S. (2020, April). *The psychologically rich life: A text analysis approach*. Invited talk at the social psychology research colloquium at Columbia University, USA.

**Berkessel, J.,** Gebauer, J., Joshanloo, M., Bleidorn, W., Rentfrow, P., Gosling, S., & Potter, J. (2020, April). *Why do well-being benefits of social class vary across countries? Testing two different hypotheses*. Invited talk at the computational social science research colloquium at Columbia Business School, Columbia University, USA.

Wingen, T., **Berkessel, J.,** & English, B. (2019, June). *Replicability and public trust in psychology*. Invited talk at the research colloquium of the chair for economic and social psychology (Prof Dr. Fetchenhauer), University of Cologne, Germany.

**Berkessel, J.,** Wingen, T., English, B. (2019, March). *Public trust in psychology in light of the replication crisis*. Open Science in Perspective Symposium at the University of Rochester, Rochester, NY, USA.

#### *Presentations*

**Berkessel, J.,** Ebert, T., Nehrlich, A., Gebauer, J., Joshanloo, M., & Rentfrow, P. (2021, September). *Taking the weight off obesity: A regional person-environment fit perspective on the consequences of obesity*. Symposium talk at the Meeting of the Personality and Diagnostics Sub-Division of the German Association for Psychological Science, online.

**Berkessel, J.** (2021, September) *Socioeconomic and sociocultural antecedents of well-being*. Talk at the Social Psychology Doctoral Workshop of the German Association for Psychological Science, online.

**Berkessel, J.,** Gebauer, J., Joshanloo, M., Bleidorn, W., Rentfrow, P., Gosling, S., & Potter, J. (2021, May). *National religiosity lightens the psychological burden of lower socioeconomic status*. Poster at the Convention of the Association for Psychological Science, online.

**Berkessel, J.,** Ebert, T., Nehrlich, A., Gebauer, J., Joshanloo, M., & Rentfrow, P. (2021, February). *Taking the weight off obesity: A regional person-environment fit perspective on the consequences of obesity*. Symposium talk at the Convention of the Society for Personality and Social Psychology, online.

**Berkessel, J.,** Gebauer, J., Joshanloo, M., Bleidorn, W., Rentfrow, P., Gosling, S., & Potter, J. (2021, February). *Blessed be ye poor? National religiosity lightens the well-being detriments of lower SES*. Flashtalk at the “Religiosity & Spirituality” Pre-Conference of the Convention of the Society for Personality and Social Psychology, online.

**Berkessel, J.,** Ebert, T., Johnsson, T., & Oishi, S. (2021, February). *What constitutes a psychologically rich life? A big data approach*. Poster presented at the “Happiness & Well-Being” Pre-Conference of the Convention of the Society for Personality and Social Psychology, online.

**Berkessel, J.,** Gebauer, J., Joshanloo, M., Bleidorn, W., Rentfrow, P., Gosling, S., & Potter, J. (2020, February). *Well-being benefits of higher social class vary across countries—But why? Comparing the roles of country-Level religiosity and prosperity*. Poster at the Convention of the Society for Personality and Social Psychology, New Orleans, USA.

**Berkessel, J.**, Gebauer, J., Joshanloo, M., Bleidorn, W., Rentfrow, P., Gosling, S., & Potter, J. (2020, February). *Whether social class affects self-esteem depends on the country: Testing the roles of societal religiosity and wealth*. Poster at the “Self & Identity” Pre-Conference of the Convention of the Society for Personality and Social Psychology, New Orleans, USA.

**Berkessel, J.**, Gebauer, J., Joshanloo, M., Bleidorn, W., Rentfrow, P., Gosling, S., & Potter, J. (2019, September). *Why does the strength of the relation between social class and psychological health vary between countries? Testing two competitive explanations*. Talk at the 17th Conference of the Social Psychology Section of the German Society for Psychology, Cologne, Germany.

**Berkessel, J.**, Gebauer, J., Joshanloo, M., Bleidorn, W., Rentfrow, P., Gosling, S., & Potter, J. (2019, August). *Can money buy you happiness? Using big data to test country-level moderators of the link between social class and well-being*. Poster at the Summer Forum Psychology: Big Data of the Society for Social and Personality Psychology, St. Louis, USA.

Berres, S., & **Berkessel, J.** (2019, August). *Let's neglect what hurts my ego! A research proposal on the cognitive mechanisms underlying mnemonic neglect*. Poster presented at the 8th Doctoral Workshop for General Psychology, Mannheim, Germany.

**Berkessel, J.**, Ebert, T. & Nehrlich, A. (2019, March). *Are obese people more likely to be single everywhere? Examining context-specificity in the association between obesity and relationship-status*. Poster at the International Convention of Psychological Science, Paris, France.

Wingen, T., **Berkessel, J.**, & Englich, B. (2019, March). *Public trust in psychology in light of the replication crisis*. Poster at the International Convention of Psychological Science, Paris, France.

**Berkessel, J.**, Funk, F., & Walker, M. (2019, February). *Source memory for remorseful faces: How does perceiving remorse affect memory for faces and their expressions?* Poster at the Convention of the Society for Personality and Social Psychology, Portland, USA.

**Berkessel, J.**, Gebauer, J., Potter, J., & Gosling, S. (2019, February). *Does high social class necessarily predict high self-esteem? Comparing country-level moderators of the social class-self-esteem link*. Poster at the Pre-Conference “Self & Identity” of the Convention of the Society for Personality and Social Psychology, Portland, USA.

Herziger, A., **Berkessel, J.**, Steinnes, K.K. (2019, February). *Selfishly Green: An Anti-Consumption Intervention*. Talk presented at the Pre-Conference “Sustainability Psychology” of the Convention of the Society for Personality and Social Psychology, Portland, USA.

Wingen, T., **Berkessel, J.** & Englich, B. (2018, September). *Das Dilemma der Replizierenden: Informationen über geringe Replizierbarkeit reduzieren das öffentliche Vertrauen und den wahrgenommenen Wert psychologischer Forschung* (English: The replicator's dilemma: Information about low replicability reduces public trust and perceived value of psychological science). Talk presented at the 51st Conference of the German Society for Psychology, Frankfurt, Germany.

Wingen, T., **Berkessel, J.**, & Englich, B. (2018, July). *An unspeakable truth? Information about low replicability reduces public trust in psychology*. Poster presented at the Cologne Social Cognition Meeting 2018, Cologne, Germany.

**Berkessel, J.**, Funk, F., & Todorov, A. (2018, June). *The role of perceived remorse in source memory for faces and their expressions*. Talk presented at the Summer School “Perspectives on Human Memory: Memory Functioning and Memory Failures” organized by the Swiss Graduate School for Cognition, Learning, and Memory, Weggis, Switzerland.

**Berkessel, J.** & Funk, F. (2018, March). *The influence of perceived remorse on source memory for faces: A multinomial processing tree approach*. Poster presented at the 60th Meeting of Experimental Psychologist (TeaP), Marburg, Germany.

Herziger, A., Benzerga, A., **Berkessel, J.**, Franklin, M., Steinnes, K. K., & Sundström, F. (2017). *Minimalism as self-serving sustainability: Can selfish motives promote sustainable consumer behavior?* Talk presented at the International Association for Research in Economic Psychology, Tel Aviv, Israel.

Herziger, A., Benzerga, A., **Berkessel, J.**, Franklin, M., Steinnes, K. K., & Sundström, F. (2017). *Selfishly Green: Can Egoism Promote Sustainability?* Talk presented at the Junior Researcher Programme Conference, Cambridge, UK.

**Berkessel, J.**, Clegg, M., Cruyt, K., Kretschmann, B., Neugebauer, F. (2017). *Does a progress bar improve data quality in online studies?* Poster presented at the Annual Poster Presentation, Psychology Research Master's Program, Cologne.

Herziger, A., Benzerga, A., **Berkessel, J.**, Dinartika, N. L., Franklin, M., Steinnes, K. K., & Sundström, F. (2017). *The effectiveness of user-generated content in reducing excessive consumption.* Poster presented at the jMeeting, Universidad Francisco de Vitoria, Madrid, Spain.

Herziger, A., Benzerga, A., **Berkessel, J.**, Dinartika, N. L., Franklin, M., Steinnes, K. K., & Sundström, F. (2016). *Could user-generated content be effective in reducing excessive consumption?* Talk presented at jSchool, Junior Researcher Programme, Slovenia.

**Berkessel, J.** & Brunsch, D. (2015). *Take my hand and forgive me – How shaking hands influences reconciliation and the outcome of negotiations.* Paper presented at the 2nd EFPSA Conference, Ruzomberok, Slovakia.