

Lebenslauf

Jana Berkessel – Stand 10. September 2021

Universitäre Adresse

Universität Mannheim
Mannheimer Zentrum für Europäische Sozialforschung
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Gegenwärtige wissenschaftliche Position

seit Feb 2019 Promotionsstipendiatin der Studienstiftung des deutschen Volkes in der Arbeitsgruppe der Heisenberg-Proessur für Kulturvergleichende Sozial- und Persönlichkeitspsychologie (Prof. Dr. Jochen Gebauer) am Mannheimer Zentrum für Europäische Sozialforschung der Universität Mannheim.

Bildung

Okt 2015 - Aug 2017 Universität zu Köln
M.Sc. Psychologie, forschungorientiert

Okt 2012 - Sep 2015 Universität zu Köln
B.Sc. Psychologie

Aug 2003 - Juli 2011 Ville Gymnasium der Stadt Erfstadt
Abitur, Auslandsaufenthalt Robina State High School, Australien (2008)

Wissenschaftlicher Werdegang

Feb 2020 – Juni 2020 Columbia University – Fulbright Scholar
Forschungsaufenthalt, Sozialpsychologie, Prof. Dr. Shigehiro Oishi

Okt 2017 – Feb 2019 Universität Mannheim – Wissenschaftliche Mitarbeiterin
Lehrbeauftragte und wissenschaftliche Mitarbeiterin, Psychologische Methodenlehre und Diagnostik, Prof. Dr. Thorsten Meiser und im Graduiertenkolleg „Statistical Modeling in Psychology“

Juli 2017 - Sep 2017 University of Cambridge – Visiting Researcher
Forschungsaufenthalt, Policy Research Group, Dr. Ruggeri

Juli 2016 – Aug 2017 Junior Researcher Programme
Forschungsprogramm der University of Cambridge
Summer School, 13-monatiges Projekt & Konferenz

Okt 2013 - Sep 2017 Universität zu Köln - Tutorin
Methodenlehre & experimentelle Psychologie, Prof. Stahl

März 2017 - Apr 2017 Princeton University – Visiting Student Research Collaborator
Forschungsaufenthalt, Social Perception Lab, Prof. Todorov

Okt 2012 - März 2017 Universität zu Köln - studentische/wissenschaftliche Hilfskraft
Social and Economic Cognition I, Prof. Hofmann (2015-17)
Angewandte Sozialpsychologie, Prof. Englich (2014-17)
Administrative studentische Assistentin (2012-13)

Aug 2014 - Dez 2014 University of Mississippi – Auslandssemester

Lehrübersicht

Sommersemester 2021	Ausgewählte Themen der Persönlichkeitspsychologie im B.Sc. Psychologie „Antecedents of psychological well-being“ (online) Universität Mannheim
	Einführung in die Statistik im Ph.D. Psychologie (online) Graduiertenkolleg, Zentralinstitut für seelische Gesundheit Mannheim
	Statistik Vorlesung im B.Sc. BWL/Handel (online) Duale Hochschule Baden-Württemberg, Mosbach
Wintersemester 2020	Statistik Vorlesung im B.Sc. BWL/Handel (online) Duale Hochschule Baden-Württemberg, Mosbach
Wintersemester 2019	Statistik Vorlesung im B.Sc. BWL/Handel Duale Hochschule Baden-Württemberg, Mosbach
Sommersemester 2019	Diagnostisches Praktikum im B.Sc. Psychologie Universität Mannheim
	Statistik Vorlesung im B.Sc. BWL/Handel Duale Hochschule Baden-Württemberg, Mosbach
Wintersemester 2018	Computergestützte Datenanalyse im B.Sc. Psychologie Universität Mannheim
Sommersemester 2017	Methoden & SPSS für Abschlussarbeiten im B.Sc. und M.Sc. Psychologie Universität zu Köln
Wintersemester 2016	Datenerhebung und –auswertung in R im M.Sc. Psychologie Methoden & SPSS für Abschlussarbeiten im B.Sc. und M.Sc. Psychologie Universität zu Köln
Sommersemester 2014	Statistik II im B.Sc. Psychologie Universität zu Köln
Wintersemester 2013	Statistik I im B.Sc. Psychologie Universität zu Köln

Stipendien & Auszeichnungen

Sep 2020	Vortragspreis, Digitale Blitzlichter, Deutsche Gesellschaft für Psychologie
Feb 2020 – Mai 2020	Fulbright Stipendium für einen Forschungsaufenthalt an der Columbia University (Prof. Oishi)
Feb 2020	Best Poster Award, Pre-Conference “Self & Identity”, Convention der Society for Personality and Social Psychology, New Orleans
Feb 2020	Graduate Poster Award Competition Runner-up, Convention der Society for Personality and Social Psychology, New Orleans
Feb 2020	SPSP Graduate Travel Award
Aug 2019	Registration Award, Summer Psychology Forum: Big Data der Society for Social and Personality Psychology
Aug 2019	Reisestipendium der Gleichstellungsstelle der Universität Mannheim zur Unterstützung von Forschung zu sozialer Ungleichheit

Feb 2019 – Jan 2021	Promotionsstipendium der Stiftung der deutschen Wirtschaft (<i>letztendlich vom Stipendium zurückgetreten</i>)
Juni 2018	International Student Grant der Jacobs Foundation zur Teilnahme an der Swiss Graduate School for Cognition, Learning, & Memory
Juni 2017	Student Grant des Centers for Social and Economic Behavior Finanzierung meines Masterarbeitsprojektes „The Source Memory for Remorseful Faces“ – <i>nicht angetreten</i>
Mai 2017	Erasmus+ Stipendium Forschungsaufenthalt in Cambridge Juli - Sep 2017
Seit Jan 2017	Mentee der Gender Mentoring Agentur Mentoring und Unterstützung von Konferenz- & Fortbildungsteilnahmen
Feb 2014 - Sep 2017	Studienstipendium des Evangelischen Studienwerks Villigst
Aug 2014 - Dez 2014	Gerhard Michel Stipendium Für das Studium an einer nordamerikanischen Universität

Voluntary Service (seit 2019)

Seit Mai 2021	Association for Psychological Science – Campus Representative
Seit Okt 2020	In Mind Magazine – Social Media Team (Science Communication)
Seit Nov 2019	Mannheim Open Science Meetup – Co-founder & Organizer
Seit Juni 2019	Applicaid – Mentor
Seit Mai 2019	Doctoral Student Representative in the Faculty Committee, University of Mannheim
Jan 2019 - Juli 2019	Correlaid – Team Member

Gutachtertätigkeit

European Journal of Personality
 Experimental Psychology
 Journal of Happiness Studies
 Kongress der Deutschen Gesellschaft für Psychologie (DGPs)

Sprachkenntnisse

Englisch (C1; TOEFL 112/120)
 Spanisch (B1; Sprachkurse)
 Französisch (B1; Grundkurs Abitur)
 Niederländisch (A2; Grundkenntnisse)

Sonstige Kenntnisse

Statistiksoftware (SPSS, R)
 Experimentalsoftware (z.B OpenSesame, Qualtrics, Inquisit)
 Fortbildung in Hochschuldidaktik

Publikationen und Konferenzbeiträge

Peer-reviewte Forschungspapiere

Berkessel, J., Gebauer, J., Joshanloo, M., Bleidorn, W., Rentfrow, P., Potter, J., & Gosling, S. (in press). National religiosity eases the psychological burden of poverty. *Proceedings of the National Academy of Sciences*.

Berkessel, J.*, Ebert, T.*, Gebauer, J., Johnsson, T., & Oishi, S. (2021). Pandemics initially spread among people of higher (not lower) social status: Evidence from COVID-19 and the Spanish Flu. *Social Psychological and Personality Science*.

Wang K. & co-authors in context of the Psychological Science Accelerator including **Berkessel, J.** (2021). A global test of brief reappraisal interventions on emotions during the COVID-19 pandemic. *Nature Human Behaviour*.

Zickfeld, J., van de Ven, N., Pich, O., Schubert, T., **Berkessel, J.**, ... (2021). Tears evoke the intention to offer social support: A systematic investigation of the interpersonal effects of emotional crying across 41 countries. *Journal of Experimental Social Psychology*.

Herziger, A., **Berkessel, J.**, & Steinnes, K. K. (2020). Wean off green: On the (in)effectiveness of biospheric appeals for consumption curtailment. *Journal of Environmental Psychology*.

Wingen, T., **Berkessel, J.**, & Englich, B. (2019). No Replication, no Trust? How Low Replicability Influences Trust in Psychology. *Social Psychological and Personality Science*.

Herziger, A., Benzerga, A., **Berkessel, J.**, Dinartika, N. L., Franklin, M., Steinnes, K. K., & Sundström, F. (2017). A Study Protocol for Testing the Effectiveness of User-Generated Content in Reducing Excessive Consumption. *Frontiers in Psychology*, 8(June), 1–10.

Preprints & Beiträge in Begutachtung/Revision

Wingen, T., **Berkessel, J.**, & Dohle, S. (2021). Caution, preprint! Brief explanations allow non-scientists to differentiate between preprints and peer-reviewed journal articles. Revision invited at *Advances in Methods and Practices in Psychological Science*.
<https://osf.io/7n3mj>

Pink, S., Ebert, T., **Berkessel, J.**, & Jonsson, T. (in prep, 2021). The relationship between mothers' and their daughters' family size emerged in the United States during the 19th century.
<https://osf.io/preprints/socarxiv/n3dyw/>

Nguyen, T.-V. & co-authors in context of the Psychological Science Accelerator including **Berkessel, J.** (in prep, 2021). A global experiment on motivating social distancing during the COVID-19 pandemic. Revision invited at *Proceedings of the National Academy of Sciences*.
<https://psyarxiv.com/n3dyf/>

Buchkapitel

Ruggeri, K., Ojinaga-Alfageme, O., Benzerga, A., **Berkessel, J.**, Friedemann, M., Hlavová, R., Kunz, M., Plohl, N., Sundström, F., Folke, T., Head, B., & Howlett, M. (2021). Evidence-based policy. In K. Ruggeri (Ed.), *Psychology and Behavioral Economics*. London, UK: Routledge.

Ruggeri, K., **Berkessel, J.**, Bujold, P., Friedemann, M., Jarke, H., Steinnes, K. K., MacLennan, M., Quail, S., K., Tavera, F., Verra, S., Naru, F., Cavassini, F., Hardy, E. (2021). A brief history of behavioral and decision sciences. In K. Ruggeri (Ed.), *Psychology and Behavioral Economics*. London, UK: Routledge.

Karakasheva, R., Achterberg, J., **Berkessel, J.**, Cottone, A., Dhar, J., Jachimowicz, J.M., Lee, Y.S.M., Whillans, A., Ruggeri, K., & Bjorndal, L.D. (2021). Work and workplace decision-making. In K. Ruggeri (Ed.), *Psychology and Behavioral Economics*. London, UK: Routledge.

Ruggeri, K., **Berkessel, J.**, Achterberg, J., Luna Navarro, A., Jachimowicz, J., & Whillans, A. (2019). From recruitment to retirement: Behavioral insights for the workplace. In K. Ruggeri (Ed.), *Behavioral Insights for Public Policy: Concepts and Cases* (pp. 156-173). London, UK: Routledge.

Ruggeri, K., Kunz, M., **Berkessel, J.**, Kácha, O., Steinnes, K. K., Petrove, D., Cavassini, F., & Naru, F. (2019). The science of behavior and decision-making. In K. Ruggeri (Ed.), *Behavioral Insights for Public Policy: Concepts and Cases* (pp. 59-79). London: Routledge.

Ruggeri, K., Ojinaga-Alfageme, O., Benzerga, A., **Berkessel, J.**, Hlavová, R., Kunz, M., Plohl, N., Sundström, F., Folke, T., & Sampat, B. (2019). Evidence-based policy. In K. Ruggeri (Ed.), *Behavioral Insights for Public Policy: Concepts and Cases* (pp. 17-40). London: Routledge.

Policy Reports

Ebert, T., **Berkessel, J.**, & Entringer, T. (2021) Einsamkeit in Nordrhein-Westfalen: Zahlen, Ursachen und Folgen im bevölkerungsreichsten Land. [Loneliness in Northrhine-Westfalia: Numbers, causes, and consequences in the most populous state] *Forschungsgutachten im Auftrag der Enquetekommission IV des Landtags Nordrhein-Westfalen*.

Andersen, T., Benzerga, A., **Berkessel, J.**, ..., & Ruggeri, K. (2017). Insights for Impact. *The Annual Report of the Policy Research Group at the Department of Psychology at the University of Cambridge*.

Sonstige, nicht peer-reviewte Beiträge

Wingen, T. & **Berkessel, J.** (in press). Die Replikationskrise vermitteln, aber Vertrauen erhalten. Diskussionsforum „Replikationskrise, p-hacking und Open Science - Eine Umfrage zu fragwürdigen Forschungspraktiken in studentischen Projekten und Impulse für die Lehre“, *Psychologische Rundschau*.

Wingen, T., Berkessel, J. (2020). Trau keiner Studie, die du nicht selbst repliziert hast? Auswirkungen der Replikationskrise auf öffentliches Vertrauen in die Psychologie. [Don't trust a study you haven't replicated yourself? Effects of the replication crisis on public trust in psychology] *Invited guest contribution to Wissenschaftskommunikation.de, a journal for science communication*.

In the media

In-Mind Magazine (2020, May) Religiosität & Wohlbefinden | In-Mind fragt Jana Berkessel [Religiosity & well-being | In-Mind asks Jana Berkessel], Available at <https://www.youtube.com/watch?v=-cybc-vRH0A>

Junior Researcher Programme (2019, November). *How does the replication crisis affect public trust in psychology?* Junior Researcher Programme News, Available at: <https://jrp.pscho.org/how-does-the-replication-crisis-affect-public-trust-in-psychology/>

Matthew Warren (2019, October). *The replication crisis lowers public's trust in psychology. But can that trust be build back up.* BPS Research Digest. Available at: <https://digest.bps.org.uk/2019/10/31/the-replication-crisis-lowers-the-publics-trust-in-psychology-but-can-that-trust-be-built-back-up/>

Eingeladene Vorträge

Berkessel, J. (2021, December). *Open Science & Society: A social contract and how to fulfill it.* Aarhus Reproducibility and Open Science Seminar.

Berkessel, J., (2021, July). *Science communication.* Invited talk and participation in a panel discussion at the Junior Research Programme Open Conference.

Berkessel, J., Gebauer, J., Joshanloo, M., Bleidorn, W., Rentfrow, P., Gosling, S., & Potter, J. (2021, March). *Blessed be ye poor? National religiosity lightens the burden of lower socioeconomic status in developing nations.* Invited talk at the social psychology research colloquium at the University of Virginia, USA.

Berkessel, J., Ebert, T., Johnsson, T., & Oishi, S. (2020, October). *The psychologically rich life: A text analysis approach.* Invited talk at the social psychology research colloquium at the University of Virginia, USA.

Berkessel, J. (2020, October). *Open Science & Society*. Invited talk at the Open Science Day Mannheim.

Berkessel, J.*, Salwender, M.* et al. (2020, July). *Cross-cultural differences in gender differences in agency and communion*. Invited talk at the computational social science research colloquium at Columbia Business School, Columbia University, USA.

Berkessel, J.*, Ebert, T.*, Gebauer, J., Johnsson, T., & Oishi, S. (2020, April). *Pandemics Initially Spread Among People of High (not Low) Social Status: Evidence from COVID-19 and the Spanish Flu*. Invited talk at the computational social science research colloquium at Columbia Business School, Columbia University, USA.

Berkessel, J., Ebert, T., Johnsson, T., & Oishi, S. (2020, April). *The psychologically rich life: A text analysis approach*. Invited talk at the social psychology research colloquium at Columbia University, USA.

Berkessel, J., Gebauer, J., Joshanloo, M., Bleidorn, W., Rentfrow, P., Gosling, S., & Potter, J. (2020, April). *Why do well-being benefits of social class vary across countries? Testing two different hypotheses*. Invited talk at the computational social science research colloquium at Columbia Business School, Columbia University, USA.

Wingen, T., **Berkessel, J.**, & English, B. (2019, June). *Replicability and public trust in psychology*. Invited talk at the research colloquium of the chair for economic and social psychology (Prof Dr. Fetchenhauer), University of Cologne, Germany.

Berkessel, J., Wingen, T., English, B. (2019, March). *Public trust in psychology in light of the replication crisis*. Open Science in Perspective Symposium at the University of Rochester, Rochester, NY, USA.

Konferenzbeiträge

Berkessel, J., Ebert, T., Nehrlich, A., Gebauer, J., Joshanloo, M., & Rentfrow, P. (2021, September). *Taking the weight off obesity: A regional person-environment fit perspective on the consequences of obesity*. Symposium talk at the Meeting of the Personality and Diagnostics Sub-Division of the German Association for Psychological Science, online.

Berkessel, J. (2021, September) *Socioeconomic and sociocultural antecedents of well-being*. Talk at the Social Psychology Doctoral Workshop of the German Association for Psychological Science, online.

Berkessel, J., Gebauer, J., Joshanloo, M., Bleidorn, W., Rentfrow, P., Gosling, S., & Potter, J. (2021, May). *National religiosity lightens the psychological burden of lower socioeconomic status*. Poster at the Convention of the Association for Psychological Science, online.

Berkessel, J., Ebert, T., Nehrlich, A., Gebauer, J., Joshanloo, M., & Rentfrow, P. (2021, February). *Taking the weight off obesity: A regional person-environment fit perspective on the consequences of obesity*. Symposium talk at the Convention of the Society for Personality and Social Psychology, online.

Berkessel, J., Gebauer, J., Joshanloo, M., Bleidorn, W., Rentfrow, P., Gosling, S., & Potter, J. (2021, February). *Blessed be ye poor? National religiosity lightens the well-being detriments of lower SES*. Flashtalk at the “Religiosity & Spirituality” Pre-Conference of the Convention of the Society for Personality and Social Psychology, online.

Berkessel, J., Ebert, T., Johnsson, T., & Oishi, S. (2021, February). *What constitutes a psychologically rich life? A big data approach*. Poster presented at the “Happiness & Well-Being” Pre-Conference of the Convention of the Society for Personality and Social Psychology, online.

Berkessel, J., Gebauer, J., Joshanloo, M., Bleidorn, W., Rentfrow, P., Gosling, S., & Potter, J. (2020, February). *Well-being benefits of higher social class vary across countries—But why? Comparing the roles of country-Level religiosity and prosperity*. Poster at the Convention of the Society for Personality and Social Psychology, New Orleans, USA.

Berkessel, J., Gebauer, J., Joshanloo, M., Bleidorn, W., Rentfrow, P., Gosling, S., & Potter, J. (2020, February). *Whether social class affects self-esteem depends on the country: Testing the roles of societal religiosity and wealth*. Poster at the “Self & Identity” Pre-Conference of the Convention of the Society for Personality and Social Psychology, New Orleans, USA.

Berkessel, J., Gebauer, J., Joshanloo, M., Bleidorn, W., Rentfrow, P., Gosling, S., & Potter, J. (2019, September). *Why does the strength of the relation between social class and psychological health vary between countries? Testing two competitive explanations*. Talk at the 17th Conference of the Social Psychology Section of the German Society for Psychology, Cologne, Germany.

Berkessel, J., Gebauer, J., Joshanloo, M., Bleidorn, W., Rentfrow, P., Gosling, S., & Potter, J. (2019, August). *Can money buy you happiness? Using big data to test country-level moderators of the link between social class and well-being*. Poster at the Summer Forum Psychology: Big Data of the Society for Social and Personality Psychology, St. Louis, USA.

Berres, S., & **Berkessel, J.** (2019, August). *Let's neglect what hurts my ego! A research proposal on the cognitive mechanisms underlying mnemonic neglect*. Poster presented at the 8th Doctoral Workshop for General Psychology, Mannheim, Germany.

Berkessel, J., Ebert, T. & Nehrlich, A. (2019, März). *Are obese people more likely to be single everywhere? Examining context-specificity in the association between obesity and relationship-status*. Poster auf der International Convention of Psychological Science, Paris, Frankreich.

Wingen, T., **Berkessel, J.**, & Englich, B. (2019, März). *Public trust in psychology in light of the replication crisis*. Poster auf der International Convention of Psychological Science, Paris, Frankreich.

Berkessel, J., Funk, F., & Walker, M. (2019, Februar). *Source memory for remorseful faces: How does perceiving remorse affect memory for faces and their expressions?* Poster auf der Convention der Society for Personality and Social Psychology, Portland, USA.

Berkessel, J., Gebauer, J., Potter, J., & Gosling, S. (2019, Februar). *Does high social class necessarily predict high self-esteem? Comparing country-level moderators of the social class-self-esteem link*. Poster auf der Pre-Conference "Self & Identity" der Convention der Society for Personality and Social Psychology, Portland, USA.

Herziger, A., **Berkessel, J.**, Steinnes, K.K. (2019, Februar). *Selfishly Green: An Anti-Consumption Intervention*. Vortrag auf der Pre-Conference "Sustainability Psychology" der Convention der Society for Personality and Social Psychology, Portland, USA.

Wingen, T., **Berkessel, J.** & Englich, B. (2018, September). *Das Dilemma der Replizierenden: Informationen über geringe Replizierbarkeit reduzieren das öffentliche Vertrauen und den wahrgenommenen Wert psychologischer Forschung*. Vortrag auf dem 51. Kongress der Deutschen Gesellschaft für Psychologie, Frankfurt, Deutschland.

Wingen, T., **Berkessel, J.**, & Englich, B. (2018, Juli). *An unspeakable truth? Information about low replicability reduces public trust in psychology*. Poster auf dem Cologne Social Cognition Meeting 2018, Köln, Deutschland.

Berkessel, J., Funk, F., & Todorov, A. (2018, Juni). *The role of perceived remorse in source memory for faces and their expressions*. Vortrag auf der Summer School "Perspectives on Human Memory: Memory Functioning and Memory Failures" der Swiss Graduate School for Cognition, Learning, and Memory, Weggis, Schweiz.

Berkessel, J. & Funk, F. (2018, März). *The influence of perceived remorse on source memory for faces: A multinomial processing tree approach*. Poster auf der 60. Tagung experimentell arbeitender Psychologen (TeaP), Marburg, Deutschland.

Herziger, A., Benzerga, A., **Berkessel, J.**, Franklin, M., Steinnes, K. K., & Sundström, F. (2017). *Minimalism as self-serving sustainability: Can selfish motives promote sustainable consumer behavior?* Vortrag auf der Tagung der International Association for Research in Economic Psychology, Tel Aviv, Israel.

Herziger, A., Benzerga, A., **Berkessel, J.**, Franklin, M., Steinnes, K. K., & Sundström, F. (2017). *Selfishly green: Can egoism promote sustainability?* Vortrag auf der Junior Researcher Programme Conference, Cambridge, UK.

Berkessel, J., Clegg, M., Cruyt, K., Kretschmann, B., Neugebauer, F. (2017). *Does a progress bar improve data quality in online studies?* Poster beim jährlichen Posterkongress des Forschungsmasters in Psychologie, Köln.

Herziger, A., Benzerger, A., **Berkessel, J.**, Dinartika, N. L., Franklin, M., Steinnes, K. K., & Sundström, F. (2017). *The effectiveness of user-generated content in reducing excessive consumption*. Poster auf dem jMeeting, Universidad Francisco de Vitoria, Madrid, Spanien.

Herziger, A., Benzerger, A., **Berkessel, J.**, Dinartika, N. L., Franklin, M., Steinnes, K. K., & Sundström, F. (2016). *Could user-generated content be effective in reducing excessive consumption?* Vortrag auf der jSchool, Junior Researcher Programme, Slowenien.

Berkessel, J. & Brunsch, D. (2015). *Take my hand and forgive me – How shaking hands influences reconciliation and the outcome of negotiations*. Vortrag auf der 2. EFPSA Konferenz, Ruzomberok, Slowakei.